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# A Christian Worldview And Mental Health



## Synopsis

Christian concern for the whole person includes both mind and body, so this volume encourages readers to think about theoretical and spiritual issues within Christian mental health care. Views are collected from various disciplines such as ethics, psychology, theology, counseling, and psychiatry. In its consideration of a Seventh-day Adventist spiritual identity in mental health theory and practice, this text will prove very valuable to mental health education.

## Book Information

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## Customer Reviews

While numerous articles and books have been written about the theoretical and philosophical foundations of mental health, mental illness, research, and treatment, comparatively few have been published on the interrelationship of spirituality, religion, and psychiatry. This volume, while discussing a wide variety of topics, is held together by writers who share a common biblically-based worldview. I believe that many mental health professionals, academics, and others will find *A Christian Worldview and Mental Health* stimulating, challenging, and rewarding. My hope would be that it inspire a new generation of interest, research, and clinical applications in this important area.

--Richard K. Harding, MD, Chair and Professor; Department of Neuropsychiatry and Behavioral Science; University of South Carolina School of Medicine; Past president, American Psychiatric Association

This volume provides timely new information that provides a foundation that can usher in a new era in which we thoughtfully and comprehensively confront the challenge of mental health and mental illness in the church and society. The collection of essays provide an in-depth look, not

only at a biblically-informed, nuanced, conceptual perspective on mental health but also a practical guide for scholars, mental health professionals, and clergy. It will be an indispensable handbook for many. --David R. Williams, PhD; Florence and Laura Norman Professor of Public Health; and of African and African American Studies; Harvard University

The book's major contributions lie with its intentionality to apply a Christian worldview to various clinical practices and institutional cultures. In this sense it moves from the theoretical to the applied in creative and suggestive ways. It provides a reasoned integrative path of how mental health clinicians and educators alike can confidently claim a faith that seeks understanding without it being sacrificed on the table of humanistic philosophy. And yet, it challenges those who hold Christian worldviews to make their claims credible through empirical evidence. --Edwin I. Hernandez, PhD; Research Fellow at the Center for the Study of Latino Religion; University of Notre Dame

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